

## Treatment for Sexual Disorders

by Roger Y. Murray, M.D., F.A.C.Ph.

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[www.casanovaclinic.com](http://www.casanovaclinic.com) At the turn of the 19th century, the average life expectancy was 50. Today, it is 75. The most common causes of death are cardiovascular disease, diabetes, and peripheral vascular disease.

[Female sexual disorder](#) affects more than 50 million women in the U.S. and spans the gamut of arousal and desire.

Using natural hormones, more definitive diagnoses and more knowledgeable physicians, more and more women are finding relief.

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## Wound Care: Positive Impact for Diabetic Foot Care

by Barry Cook, M.D.

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[www.healthcentral.org/health-central-services/wound-healing](http://www.healthcentral.org/health-central-services/wound-healing) [Foot ulcers](#) or wounds in diabetic patients are a common problem.

Foot ulcers follow an injury, often due to [peripheral neuropathy](#) or numbness. Virtual reality is being used to help patients understand the importance of foot care.

The initial evaluation of diabetic foot ulcers in a wound care center focuses on identifying barriers to healing.

Counseling diabetic patients to perform daily foot exams is critical in enabling early treatment of diabetic foot ulcers.

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## The Importance of UV Protection for the Eyes

by Hang Thai, O.D.

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[www.eyestudioorlando.com](http://www.eyestudioorlando.com) Not only can ultraviolet light cause cancer and premature aging, it is harmful to the eyes. It can cause [cataracts](#), [macular degeneration](#), [pterygium](#), and [photokeratitis](#).

Some precautions to protect eyes include wearing sunglasses that filter 99 percent of UVA and UVB rays.

Children have a greater exposure to UV because they are outdoors more often. Eighty percent of their eye damage is due to UV exposure.

For more information, visit [www.aoa.org/uv-protection.xml](http://www.aoa.org/uv-protection.xml) on the Web.

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## When to Worry About Neck Pain

by Robert L. Masson, M.D.

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Most symptoms caused by a stiff, aching neck get better with time and inflammation is resolved passively.

However, there are circumstances that should not be ignored. If you have a herniated disk in the neck, it is important not

There are easily recognizable symptoms of spinal nerve involvement, which include neck pain associated

There have been new developments in treatment of herniated disks. Recently, artificial disks in the cervi

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