

Preparing Children for School

*submitted by Leighann Samuda through
Bright Horizons eFamily News
Bright Horizons
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There is no reason for parents to be anxious about school readiness. Children who come from homes w

However, there are some common myths parents should be aware of:

Myth No. 1 — Learning the alphabet is crucial to school re

The truth: While important, learning the alphabet is a memorization skill. It is more important that childre

Myth No. 2 — Children need to count to 50 before going to

The truth: Again, while it is important that children understand the order of numbers, it is far more import

Myth No. 3 — The more teacher directed the learning, the

The truth: Children internalize concepts more fully when they are actively engaged in exploration and lea

Myth No. 4 — The more a program looks like the school pa

The truth: Young children learn best in an environment that allows them to make choices and select the

Getting a Well-Balanced Education

*by Amanda K. Christensen, assistant director
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It almost is time to return to school and routine and structure. Gone are the late nights

A well-balanced education is not just exposing children to culture, reading, writing, arithmetic, music and

When it comes to researching child care options, it is easy to be enticed by the academic pursuits of a p

Written by Southwest Orlando Bulletin Staff

Having enriched conversations between children and early childhood teachers who love and facilitate a

Why Choose a Lutheran School?

by Melissa Bergholt, president

Trinity Lutheran School

407-488-1919

www.trinitydowntown.org There are many reasons why parents may choose to send their children to a

Lutheran schools are one option when considering a Christian education, and Lutheran schools are driven by

Lutheran Schools have a rich history. The Lutheran Church Missouri Synod has been involved in offering

Back-to-School Anxiety

by Amy Smith, M.S., N.C.C., L.M.H.C.

Life Skills Resource Group

866-884-5774

www.mylsrg.com What if I do not like my teacher? Will I be liked? These are just a few examples of the

Anxiety is a normal part of life and can actually help a person avoid dangerous situations and high-risk a

Anxiety sufferers are affected on three levels — mentally, physically and behaviorally. Children often do

It is important for children and parents to recognize the effects of excessive worrying and to learn the sk

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