Discipline — Great for School, Great for Life

by J. Restrepo
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The benefits of having discipline in one's life are clear. It is an ever-present trait in the most successful i

It is hard to imagine that people without discipline would be admired, or students who lack discipline wou

Similar to other habits, discipline is best learned in the early stages of life. Experts say that by age 5, 95

Developing Schools Into Academic Communities

by Tom Marcy, headmaster
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There is a great deal of talk in education about engaging the “whole child.” But what does that mean? In

Schools should engage students in a visible “culture of thinking” that is clearly evident to the students, p

Schools can establish and maintain meaningful, positive relationships within the school community and

A diverse student body enables children to learn, develop and practice leadership skills that will equip th
Students can foster a culture of caring that promotes community service and the virtue of civic responsib

Getting Back-to-School Ready

by Jane Caruso McCullen, owner
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Summer surf and sun play havoc on people’s hair. The following is recommended to get students’ hair b

Clarifying treatments will help remove chemical buildup from chlorine and surf, and restore the hair’s nat

Acne and deep-cleansing facials, along with glycolic botanical peels, will help prepare skin for the stress

Addressing Pinkeye

submitted by Orlando Eye Institute
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www.eyesandlids.com

Viral conjunctivitis, commonly called pinkeye, is a common problem that affects children of all ages. It is

After a child comes in contact with the virus, it is common for him to get a sore throat or runny nose a fe

Collaborative Learning Studio

submitted by St. James Cathedral School
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www.stjcs.com

Collaborative Learning Studio is a space schools are opting to incorporate into their learning centers. CL

This concept and design originated in higher education at North Carolina State University and the Massa

Back to Basics

by Denise Marc-Aurele, director
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As parents and children prepare for the first day of school, it is a good time to embrace a fresh start equi

In a world where basic social skills are lacking, older generations wonder why that is so. With a huge su

When children are given multiple opportunities to problem solve, talk to their peers, role play and interac

As parents navigate through the new adventures of the school year, they should establish clear routines

Start on a Brighter Note

by Traci Allen
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Lighter, brighter days translate to lighter, brighter hair color. Warmer weather welcomes highlights of all

It is also wise for people to keep in mind that “they get what they pay for.” Fixing a bad color job can be

It is possible for students to get perfect hair color and start the school year off on a brighter note.

Early Education

by Chani Konikov, director
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Parents of a 6-year-old once approached a big rabbi and asked for advice on their child's education.

"You are six years behind," was the rabbi's reply.

A child's education begins from the moment he enters the world. At every moment, the child is learning.

The earlier one begins asserting direction over this process the more effective and comprehensive influe

Although a child's character is being molded from his earliest age, an entirely new phase begins when th

In this process, the age of 3 reflects a significant plateau. At this age, by and large, a child can think in s